



CRAVINGS?
JUST PICK UP THE PHONE
AND WE'LL DO THE REST.

ROOM SERVICE MENU

mantra

AT SHARKS

BREAKFAST

6:30AM-10AM EVERY DAY

LIGHT START

- TOAST (2 SLICES)* 8
white, wholemeal, fruit loaf, turkish or gluten-free,
served with your choice of 2 spreads
- BANANA BREAD OR CROISSANT* 10
served with your choice of 2 spreads

MAIN

- BAE YOUR WAY (BACON & EGGS)* ^{GFR} 20
choose scrambled, poached or fried eggs with
rasher bacon and toasted sourdough
- MCLOVIN' MUFFIN* 21
loaded with a sausage patty, rasher bacon, fried
egg, melted cheddar, bloody mary mayo, rocket,
tomato relish and hash brown
- LEMON & BLUEBERRY SWEET STACK* 21
buttermilk pancakes, zesty lemon curd, fresh
blueberries, shortbread crumble, crispy meringue
pieces, fig & mascarpone gelato, maple syrup
- AVOCADO TOAST* ^{GFR} 21
Lime smashed avo, poached eggs, beetroot &
anise myrtle hummus, Danish fetta, blistered
cherry tomatoes, toasted sourdough and
macadamia dukkah
- MORNING GLORY BIG BREAKFAST* ^{GFR} 25
scrambled eggs on toasted sourdough, rasher
bacon, grilled chorizo, hash brown, grilled tomato,
truffled mushrooms and macadamia dukkah

^{GFR} Gluten-Free ^V Vegetarian ^{VE} Vegan
^{DF} Dairy Free ^{GFR} Gluten-Free on Request

\$5 room delivery charge | 15% surcharge on public holidays

SIDES

EXTRA EGG.....	4
scrambled, poached or fried	
BAKED BEANS.....	4
SOURDOUGH.....	4
GLUTEN-FREE MUFFIN ^{GF}	4
HASH BROWN ^v	6
TRUFFLED MUSHROOMS.....	6
AVOCADO ^v	6
BACON OR CHORIZO.....	8
SMOKED SALMON.....	8.5

JUICES

WAKE UP SHAKE UP.....	10
pear, orange, mango, banana, passionfruit & guava juice	
GOLDEN STATE.....	10
carrot, ginger apple & lemon juice	
DAILY GREEN.....	10
kiwi, peach & mango	
THE OC.....	10
100% Australian orange juice	

TEAS AND COFFEES

FLAT WHITE	CHAÏ LATTE
LATTE	MASALA CHAÏ TEA
MOCHA	EARL GREY TEA
CAPPUCCINO	ENGLISH BREAKFAST TEA
ESPRESSO	PEPPERMINT TEA
PICCOLO	CHAMOMILE TEA
SHORT BLACK	GREEN TEA
LONG BLACK	HOT CHOCOLATE

small..... 5
medium..... 6
large..... 7

+ almond, oat, soy or coconut milk.....	1
+ syrup, marshmallows or lactose-free milk.....	0.8

LUNCH & DINNER

11:30AM - 2:00PM DAILY

5:30PM - 8:30PM SUN - THURS | 5:30PM - 9:00PM FRI- SAT

STARTERS

GARLIC BREAD 10

THICK FRIES ^{GFR} 12

served with aioli

SEASONED WEDGES ^V 12

served with sweet chilli and sour cream

SALADS

*COSTA MESA CRISPY CHICKEN
& AVOCADO SALAD* ^{GFR} 28

picante chicken breast, avocado, mango mojo dressing, roasted macadamias, mixed leaves, cherry tomatoes, wild grains and tortilla crunch

THAI BEEF SALAD ^{GFR, DF} 29

tamari glazed Angus beef, cashews, mixed leaves, cucumber, cherry tomatoes, lime & sweet chilli dressing, rice noodles, yuzu aioli and sambal crunch

BURGERS (ALL SERVED WITH THICK FRIES)

STACKED DOUBLE BEEF & BACON..... 28

flame grilled Angus patties, rasher bacon, onion jam, lettuce, tomato, cheddar, pickles, burger sauce and tomato chutney, served on a milk bun

CRISPY CALI CHICKEN..... 27

fried buttermilk chicken breast, bacon, melted cheddar, lettuce, slaw, pickles and chipotle aioli, served on a milk bun

HOMEGROWN VEGAN ^{VE, GFR} 27

'Beyond Beef' vegan patty, vegan cheddar, lettuce, tomato, pickled onion, vegan aioli, tomato chutney, served on a vegan milk bun

STEAKS

300G RUMP STEAK 40

220G EYE FILLET 45

grain-fed beef, all served with chips & salad, or mash & veg + your choice of sauce; rich gravy, dianne, mushroom, pepper, garlic or jus

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MAINS

<i>CHICKEN SCHNITZEL</i> GFR	27
golden crumbed chicken breast served with rich gravy, house salad and thick fries	
<i>CHICKEN PARMIGIANA</i> GFR	29
chicken schnitzel topped with napoli, ham and cheese, served with house salad and thick fries	
<i>BATTERED BARRAMUNDI</i>	33
beer battered barramundi served with tartare, lemon, house salad and thick fries	
<i>MACADAMIA CRUSTED SALMON</i> GFR, DF	36
signature seared salmon, Thai mango curry, pak choy, roasted macadamias and rice	
<i>PUMPKIN TIKKA MASALA</i> GFR, VE	30
butternut pumpkin, chickpeas, spinach, fragrant rice, tapioca crisps and sweet mango chutney	

FOR THE KIDS

<i>GRILLED CHICKEN</i> GFR, DF	16
served with rice and broccolini	
<i>SPAGHETTI</i>	16
beef bolognese & fettucine, topped with cheese	
<i>CHICKEN NUGGETS</i>	16
served with chips and salad	
<i>FISH BITES</i>	16
served with chips and salad	
<i>CHEESEBURGER</i>	16
served with chips	

DESSERTS

<i>ICE-CREAM DIXIE CUPS</i>6
your choice from the following four flavours: Choc-a-lot, Rockstar Salted Caramel, Vanilla Bean or Lemon Sorbet	
<i>WARM STICKY DATE PUDDING</i>14
with butterscotch sauce, biscoff crumb	

PIZZAS

5:30PM - 8:30PM EVERY NIGHT

<i>THE BIG CHEESE</i>	21
white garlic base, mozzarella, parmesan, red cheddar and pepper jack cheese	
<i>MISS MARGHERITA</i> ^v	21
napoli, mozzarella, basil, smoked burrata, and balsamic drizzle	
<i>BIG TONY'S PEPPERONI</i>	24
calabrese pepperoni, fire roasted peppers, caramelised onion, kalamata olives, oregano and mozzarella	
<i>HAWAII FIVE-O</i>	23
honey ham, pineapple, bacon, napoli base and mozzarella	
<i>THE WHOLE HOG</i>	25
chipotle pulled pork, smoky sausage, rasher bacon, slaw, jack cheddar and Kansas City BBQ sauce	
<i>HOLA CHICA!</i>	25
mezcal chicken breast, chorizo, queso fresco, fire roasted peppers, onion, sweet corn, guindilla, coriander, mozzarella and chipotle aioli	
<i>BIG BALLER</i>	24
mama's meatballs, italian sausage, ricotta, Spanish onion, truffled mushrooms, rocket, napoli base, tarragon, mozzarella and chilli flakes	
<i>SUPREME TEAM</i>	27
loaded supreme pizza with beef brisket, salami, ham, bacon, olives, pineapple, capsicum, mushrooms, red onion, napoli and mozzarella	
<i>GREEN DAY</i> ^v	24
basil pesto, pumpkin, ricotta, pine nuts, artichoke, mushrooms, mozzarella and rocket	
<i>PARADISE CITY</i>	28
prime steak, garlic prawns, hollandaise sauce, red onion, baby spinach, chorizo, napoli sauce and mozzarella	

+ gluten-free base

+ vegan cheese

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DRINKS

11:30AM - 2:00PM DAILY

5:30PM - 8:30PM SUNDAY TO THURSDAY

5:30PM - 9:00PM FRIDAY TO SATURDAY

187ML BOTTLE

RED WINE

PEPPERJACK SHIRAZ 60

Barossa Valley, SA

KATNOOK FOUNDERS BLOCK

CAB SAV 60

Coonawarra, SA

GRANT BURGE 5TH GEN MERLOT 48

Barossa Valley, SA

SQUEALING PIG PINOT NOIR (700ML)... 50

Marlborough, NZ

SQUEALING PIG PINOT NOIR (375ML)... 20

Marlborough, NZ

BERTON VINEYARDS METAL LABEL

THE BLACK SHIRAZ 11

Yenda, NSW

WHITE WINE

PETALUMA WHITE LABEL

CHARDONNAY 45

Adelaide Hills, SA

TAKU SAUVIGNON BLANC 39

Marlborough, NZ

DUSKY SOUNDS PINOT GRIS 43

Southland, NZ

MATUA SAUVIGNON BLANC 10

Marlborough, NZ

ROSÉ

ST HALLET ROSÉ 45

Barossa Valley, NSW

SPARKLING

CROSER NV CUVÉE SPARKLING 65

Adelaide Hills, SA

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BEER

<i>GREAT NORTHERN</i>	7.5
Super Crisp, 3.5%	
<i>GREAT NORTHERN</i>	8
Original, 4.2%	
<i>STONE & WOOD</i>	9
Pacific Ale, 4.4%	
<i>CORONA</i>	9
4.5%	

SPIRITS (50ML BOTTLE)

<i>SMIRNOFF RED VODKA</i>	12
<i>BUNDABERG RUM</i>	12
<i>JOHNNIE WALKER RED</i>	12
<i>GORDON'S GIN</i>	12
<i>JIM BEAM BOURBON</i>	12

NON-ALCOHOLIC

<i>PEPSI CAN</i>	4.5
<i>PEPSI MAX CAN</i>	4.5
<i>LEMONADE CAN</i>	4.5
<i>SUNKIST CAN</i>	4.5
<i>SOLO CAN</i>	4.5
<i>SPRING VALLEY ORANGE JUICE</i>	4
<i>SPRING VALLEY APPLE JUICE</i>	4
<i>ANTIPODES STILL WATER (1L)</i>	9
<i>VOSS SPARKLING</i>	9

AMENITIES

HOTEL RECEPTION CAN PROVIDE A VARIETY OF CONVENIENCE ITEMS DURING YOUR STAY.

PLEASE DIAL OR VISIT RECEPTION TO PURCHASE.

HOTEL AMENITIES

<i>CARTON & CO. WATER 500ML</i>	4
<i>STREPSILS HONEY</i>	8
<i>PANADOL RAPID</i>	7
<i>NUROFEN</i>	8
<i>COLGATE FRESH MOUTHWASH</i>	4
<i>COLGATE TOOTHPASTE</i>	5
<i>COLGATE ORAL CARE TRAVEL PACK</i>	12
<i>EMERY BOARD</i>	4
<i>NAIL CLIPPERS</i>	5
<i>SLIPPERS</i>	5
<i>GILLETTE RAZOR & GEL</i>	9
<i>ANSELL CONDOMS</i>	5
<i>KOTEX U TAMPONS</i>	8
<i>LIBRA ULTRA PADS</i>	10
<i>HEADPHONES</i>	8
<i>USB-C CABLE</i>	10
<i>SYNC LIGHTNING CABLE</i>	20
<i>MANTRA UMBRELLA</i>	40

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STAY YOUR WAY

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