



CRAVINGS?
JUST PICK UP THE PHONE
AND WE'LL DO THE REST.

ROOM SERVICE MENU

mantra

AT SHARKS

BREAKFAST

6:30AM-10AM EVERY DAY

LIGHT START

- TOAST (2 SLICES)* 8
white, wholemeal, fruit loaf, turkish or gluten-free,
served with your choice of 2 spreads
- BANANA BREAD OR CROISSANT* 10
served with your choice of 2 spreads

MAIN

- BACON & EGGS YOUR WAY* 20
scrambled, poached or fried, rasher bacon
and toasted sourdough
- MCLOVIN' MUFFIN* 22
sausage patty, rasher bacon, fried egg, melted
cheddar, bloody mary mayo, rocket, tomato relish
and hash brown
- BUENO BREKKIE BOWL* ^{GF} 22
corn fritters, crispy chorizo, smashed avocado,
poached eggs, baby spinach, grilled tomato,
mushrooms and tomato relish
- PIÑA COLADA PANCAKES* ^V 22
buttermilk pancakes, gingernut crumble,
coconut chips, dried pineapple, maple syrup and
coconut ice cream
- LOADED AVO* ^V 22
smashed avocado, poached eggs, cherry
tomatoes, crispy kale, preserved lemongel, fetta, and
macadamia dukka, served on toasted sourdough
- MORNING GLORY BIG BREAKFAST* 25
scrambled eggs on toasted sourdough, rasher bacon,
grilled chorizo, hash brown, grilled tomato, field
mushroom and macadamia dukkah

^{GF} Gluten-Free ^V Vegetarian ^{VE} Vegan

^{DF} Dairy Free ^{GFR} Gluten-Free on Request

\$5 room delivery charge | 15% surcharge on public holidays.

SIDES

EXTRA EGG.....	4
scrambled, poached or fried	
BAKED BEANS.....	4
SOURDOUGH.....	4
GLUTEN-FREE MUFFIN ^{GF}	4
HASH BROWN ^V	6
MUSHROOMS.....	6
AVOCADO ^V	6
BACON OR CHORIZO.....	8
SMOKED SALMON.....	8.5

JUICES

APPLE, POMEGRANATE & GUAVA SMOOTHIE ...	10
WAKE UP SHAKE UP BREAKFAST JUICE	10
CARROT, GINGER, APPLE & LEMON JUICE	10
KIWI, PEACH & MANGO GREEN SMOOTHIE.....	10
100% AUSTRALIAN ORANGE JUICE.....	10

TEAS AND COFFEES

FLAT WHITE	CHAI LATTE
LATTE	MASALA CHAI TEA
MOCHA	EARL GREY TEA
CAPPUCCINO	ENGLISH BREAKFAST TEA
ESPRESSO	PEPPERMINT TEA
PICCOLO	CHAMOMILE TEA
SHORT BLACK	GREEN TEA
LONG BLACK	HOT CHOCOLATE

small..... 5
medium..... 6
large..... 7

+ almond, oat, soy or coconut milk	1
+ syrup, marshmallows or lactose-free milk.....	0.8

LUNCH & DINNER

11:30AM - 2:00PM DAILY

5:30PM - 8:30PM SUN - THURS | 5:30PM - 9:00PM FRI- SAT

STARTERS

GARLIC BREAD10

add cheese & bacon +4

THICK FRIES ^{V, GFR}10

served with aioli

SEASONED WEDGES ^V12

served with sweet chilli and sour cream

LOADED WEDGES14

served with melted cheese, bacon and shallots

GRAZING PLATE ^{GFR}29

Cured meats, cheddar, house dip, marinated olives, grilled corn sourdough and pork crackling

SALADS

THAI BEEF BOWL ^{GFR, DF} 28

tamari glazed angus beef, cashews, mixed leaves, carrot, cucumber, cherry tomatoes, lime & sweet chilli dressing, rice noodles, yuzu aioli and crispy shallots

BURGERS (ALL SERVED WITH THICK FRIES)

STACKED DOUBLE BEEF & BACON 26

flame grilled Angus patties, rasher bacon, onion jam, lettuce, tomato, cheddar, pickles, burger sauce and tomato chutney, served on a milk bun

CRISPY CALI CHICKEN 25

fried buttermilk chicken breast, bacon, melted cheddar, lettuce, slaw, pickles and chipotle aioli, served on a milk bun

HOMEGROWN VEGAN ^{VE} 24

'Beyond Beef' vegan patty, vegan cheddar, lettuce, tomato, pickled onion, vegan aioli, tomato chutney, served on a vegan milk bun

STEAKS

300G BEEF RUMP 35

220G EYE FILLET 39

all served with chips & salad, or mash & veg + your choice of sauce; rich gravy, dienne, mushroom, pepper, garlic or jus

MAINS

- CHICKEN SCHNITZEL* ^{GFR} 26
golden crumbed chicken breast served with rich gravy, house salad and thick fries
- CHICKEN PARMIGIANA* ^{GFR} 28
chicken schnitzel topped with napoli, ham and cheese, served with house salad and thick fries
- BATTERED BARRAMUNDI* 30
beer battered barramundi served with tartare, lemon, house salad and thick fries
- MAPLE GLAZED PORK CUTLET* ^{GFR} 34
cider braised butter beans, chorizo, potato mash, crackling and balsamic jus
- GRILLED BARRAMUNDI* ^{GFR} 32
barramundi with fennel salt, herb roasted chats, broccolini and lemon caper sauce
- MACADAMIA CRUSTED SALMON* ^{GFR, DF} 34
signature seared salmon, Thai mango curry, pak choy, roasted macadamias and rice
- PUMPKIN TIKKA MASALA* ^{GFR, VE} 29
butternut pumpkin, chickpeas, spinach, vegan mint yoghurt, fragrant rice, tapioca crisps and sweet mango chutney

KIDS MEALS

- GRILLED CHICKEN* ^{GFR, DF} 14
served with rice & broccolini
- SPAGHETTI* 14
beef bolognaise & spaghetti, topped with cheese
- CHICKEN NUGGETS* 14
served with chips, salad & tomato sauce
- FISH BITES* 14
served with chips, salad & tomato sauce
- CHEESEBURGER* 14
served with chips

DESSERTS

- BEN & JERRY'S ICE CREAM (485ML)* 16
your choice of: chocolate fudge brownie, triple caramel chunk or half-baked

DRINKS

11:30AM - 2:00PM DAILY

5:30PM - 8:30PM SUNDAY TO THURSDAY

5:30PM - 9:00PM FRIDAY TO SATURDAY

187ML BOTTLE

RED WINE

<i>PEPPERJACK SHIRAZ</i>	52
Barossa Valley, SA	
<i>WYNNS THE GABLES CAB SAV</i>	56
Coonawarra, SA	
<i>ALTA PINOT NOIR</i>	50
Adelaide Hills, VIC	
<i>BROWN BROTHERS ORIGIN MERLOT</i> ...	48
Heathcote, VIC	
<i>MCGUIGAN BLACK LABEL MERLOT</i>10	
Hunter Valley, NSW	

WHITE WINE

<i>PEPPERJACK CHARDONNAY</i>	52
Barossa Valley, SA	
<i>SECRET STONE SAUVIGNON BLANC</i> ...	48
Marlborough, NZ	
<i>SQUEALING PIG PINOT GRIS</i>	52
Marlborough, NZ	
<i>MATUA SAUVIGNON BLANC</i>10	
Marlborough, NZ	

ROSÉ

<i>BELENA ROSÉ</i>	54
Riverina, NSW	

SPARKLING

<i>JANSZ NV CUVÉE SPARKLING</i>	66
Piper Brook, TAS	

\$5 room delivery charge | 15% surcharge on public holidays.

BEER

<i>GREAT NORTHERN</i>	7.5
Super Crisp, 3.5%	
<i>GREAT NORTHERN</i>	8
Original, 4.2%	
<i>STONE & WOOD</i>	9
Pacific Ale, 4.4%	
<i>CORONA</i>	9
4.5%	

SPIRITS (50ML BOTTLE)

<i>SMIRNOFF RED VODKA</i>	12
<i>BUNDABERG RUM</i>	12
<i>JOHNNIE WALKER RED</i>	12
<i>GORDON'S GIN</i>	12
<i>JIM BEAM BOURBON</i>	12

NON-ALCOHOLIC

<i>PEPSI CAN</i>	4.5
<i>PEPSI MAX CAN</i>	4.5
<i>LEMONADE CAN</i>	4.5
<i>SUNKIST CAN</i>	4.5
<i>SOLO CAN</i>	4.5
<i>SPRING VALLEY ORANGE JUICE</i>	4
<i>SPRING VALLEY APPLE JUICE</i>	4
<i>SPRING VALLEY PINEAPPLE JUICE</i>	4
<i>VOSS WATER 800ML</i>	8
still or sparkling	

AMENITIES

HOTEL RECEPTION CAN PROVIDE A VARIETY OF CONVENIENCE ITEMS DURING YOUR STAY.

PLEASE DIAL OR VISIT RECEPTION TO PURCHASE.

HOTEL AMENITIES

<i>CARTON & CO. WATER 500ML</i>	4
<i>STREPSILS HONEY</i>	8
<i>PANADOL RAPID</i>	7
<i>NUROFEN</i>	8
<i>COLGATE FRESH MOUTHWASH</i>	4
<i>COLGATE TOOTHPASTE</i>	5
<i>COLGATE ORAL CARE TRAVEL PACK</i>	12
<i>EMERY BOARD</i>	4
<i>NAIL CLIPPERS</i>	5
<i>SLIPPERS</i>	5
<i>GILLETTE RAZOR & GEL</i>	9
<i>ANSELL CONDOMS</i>	5
<i>KOTEX U TAMPONS</i>	8
<i>LIBRA ULTRA PADS</i>	10
<i>HEADPHONES</i>	8
<i>USB-C CABLE</i>	10
<i>SYNC LIGHTNING CABLE</i>	20
<i>MANTRA UMBRELLA</i>	40

mantra

STAY YOUR WAY

MANTRA AT SHARKS
MELIA COURT
SOUTHPORT, QLD 4215
T: (07) 5603 3200
E. SHARKS.RES@MANTRA.COM.AU
W. MANTRA.COM.AU/SHARKS | ALL.COM