

# MENU

## ENTRÉES

Members Guests

<b>GARLIC BREAD (V)</b>	<b>\$7.5</b>	<b>\$10</b>
<b>BEER BATTERED FRIES (V) (GFR)</b> Served with aioli		
<b>Small</b>	<b>\$5.9</b>	<b>\$8.9</b>
<b>Large</b>	<b>\$7.9</b>	<b>\$10.9</b>
- Add rich gravy	<b>\$1</b>	<b>\$2</b>
<b>SEASONED WEDGES (V)</b> Served with sweet chilli and sour cream	<b>\$8.9</b>	<b>\$11.9</b>
<b>MAKE THEM LOADED WEDGES</b> Served with melted cheese, crispy bacon & shallots	<b>\$10.9</b>	<b>\$14.9</b>
<b>KARAAGE CHICKEN SKEWERS [4] (GFR)</b> Ginger chicken, shoyu sauce, jasmine rice, kewpie mayonnaise, shallots	<b>\$16</b>	<b>\$21</b>
<b>VEGAN BOMBAY CAULIFLOWER BITES (GFR)</b> With chickpeas, baby spinach, pickled onion, vegan aioli	<b>\$16</b>	<b>\$21</b>
<b>SZECHUAN &amp; LIME SQUID (GFR)</b> Wombok & cabbage slaw, shallots, yuzu mayonnaise	<b>\$16</b>	<b>\$21</b>
<b>CHICKEN PARM SPRING ROLLS [4]</b> With chicken breast, mozzarella, ham, rich napoli, panko crunch, tomato relish	<b>\$17</b>	<b>\$22</b>
<b>CRISPY COCONUT PRAWNS [5]</b> Panko crusted prawns with a lychee & cucumber salad, Thai dressing, mango aioli	<b>\$20</b>	<b>\$25</b>

## BURGERS

*All served with beer battered fries.*

<b>ANGUS BEEF &amp; BACON BURGER</b> Char grilled Angus beef patty, rasher bacon, lettuce, tomato, cheddar cheese, pickles, garlic aioli and tomato chutney on a brioche bun	<b>\$19.9</b>	<b>\$24.9</b>
<b>VEGAN BEETROOT &amp; QUINOA BURGER (V)</b> Grilled beetroot & quinoa patty, vegan cheddar, tomato, lettuce and vegan mayonnaise on a toasted Turkish bun	<b>\$19.9</b>	<b>\$24.9</b>
<b>CRISPY CHICKEN KATSU BURGER</b> Panko chicken breast, cheddar, curry mayonnaise, kale slaw, lettuce and pickled cucumber on a brioche bun	<b>\$19.9</b>	<b>\$24.9</b>
<b>SOUTHWEST STEAK SANDWICH</b> Seared rump steak strips, beer braised onions, cheddar, rocket, tomato, blue cheese dressing, chipotle chutney on a toasted Turkish bun	<b>\$22.9</b>	<b>\$27.9</b>

## CLASSICS

Members Guests

<b>CHICKEN SCHNITZEL (GFR)</b> Golden fried chicken breast schnitzel served with garden salad and chips, or mash and vegetables of the day	<b>\$22.9</b>	<b>\$27.9</b>
<b>MAKE IT A PARMIGIANA (GFR)</b> With rich napoli sauce, smoked leg ham and melted jack cheddar - GF option additional	<b>\$24.9</b>	<b>\$29.9</b>
<b>ROAST OF THE DAY (GFR)</b> Choose pork or beef with roast vegetables and rich gravy	<b>\$19.9</b>	<b>\$24.9</b>
<b>FISH &amp; CHIPS</b> Barramundi - grilled or craft beer battered with tartare, chips and house salad	<b>\$28.9</b>	<b>\$33.9</b>

## MAINS

<b>THAI BEEF SALAD (GFR)</b> Charred Angus beef, cashews, bean sprouts, carrot, mixed leaves, wombok, lime & sweet chilli dressing with yuzu mayonnaise	<b>\$24.9</b>	<b>\$29.9</b>
<b>TERIYAKI SALMON POKÉ BOWL (GFR)</b> Salmon, brown rice & quinoa, black beans, mixed leaves, avocado, wonton crisps, pickled vegetables, miso ginger dressing	<b>\$28.9</b>	<b>\$33.9</b>
<b>FRENZY'S FISHERMAN'S CATCH</b> Battered flathead fillets, salt & pepper calamari, prawn cutlets and tempura seafood stick served with a zesty kale slaw, beer battered chips, tartare and lemon wedge	<b>\$27.9</b>	<b>\$32.9</b>
<b>ATLANTIC SALMON (GF)</b> Grilled salmon fillet with fennel salt, sweet potato mash, broccolini, caper butter sauce and crispy kale	<b>\$30.9</b>	<b>\$35.9</b>
<b>CREAMY CHICKEN &amp; CHORIZO LINGUINI</b> Portuguese style chicken breast, chorizo, semi-dried tomatoes, baby spinach, caramelised leek, egg pasta and shaved pecorino	<b>\$26.9</b>	<b>\$31.9</b>
<b>VEGAN NASI GORENG (V)</b> Indonesian fried rice, mushroom, broccolini, sprouts & wombok with glazed tofu, roasted peanut & tamari sauce, vegetable crackers - Swap tofu for crispy coconut prawns	<b>\$26</b>	<b>\$31</b>
<b>300G BEEF RUMP (GFR)</b> Served with chips and side salad, or mash and veg of the day (choose your sauce - mushroom, dianne, pepper or jus)	<b>\$30</b>	<b>\$35</b>
<b>220G EYE FILLET (GFR)</b> Served with chips and side salad, or mash and veg of the day (choose your sauce - mushroom, dianne, pepper or jus)	<b>\$35</b>	<b>\$40</b>

## PIZZAS

Members Guests

*Only available after 5.30pm.*

<b>QUEEN MARGHERITA (V)</b> Mozzarella, napoli and fresh basil	<b>\$15.9</b>	<b>\$19.9</b>
<b>MAKE IT A BRUSCHETTA (V)</b> Garlic pizza bread with roma tomatoes, fresh basil and balsamic reduction	<b>\$16.9</b>	<b>\$19.9</b>
<b>GONE TROPPO</b> Smoky ham, pineapple, napoli base and mozzarella	<b>\$18.9</b>	<b>\$23.9</b>
<b>THE WHOLE HOG</b> Chipotle pulled pork, smoky sausage, rasher bacon, slaw, jack cheddar and Kansas City BBQ sauce	<b>\$18.9</b>	<b>\$23.9</b>
<b>BUFFALO &amp; BACON</b> Buffalo chicken breast, bacon, red onion, shallots, roast capsicum, Louisiana base, rocket, buttermilk ranch	<b>\$19.9</b>	<b>\$24.9</b>
<b>SUPREME TEAM</b> Loaded supreme pizza with beef brisket, salami, ham, bacon, olives, pineapple, capsicum, mushrooms, red onion, napoli and mozzarella	<b>\$21.5</b>	<b>\$25.5</b>
<b>POINT BREAK</b> Honey szechuan prawns, spinach, mushroom, grilled zucchini, shallots, roast capsicum, napoli, mozzarella	<b>\$21.5</b>	<b>\$25.5</b>
<b>SMASHING PUMPKIN (V)</b> Honey roasted pumpkin, mozzarella, beetroot, baby spinach, ricotta, pine nuts, balsamic glaze	<b>\$17</b>	<b>\$22</b>
<b>PARADISE CITY</b> Prime steak, garlic prawns, hollandaise sauce, red onion, baby spinach, chorizo, napoli sauce, mozzarella	<b>\$22.5</b>	<b>\$27.5</b>
<b>Gluten Free Bases Additional</b>	<b>\$4.9</b>	<b>\$7.9</b>

## KIDS MEALS

<b>KIDS SPAGHETTI</b> Beef bolognaise & spaghetti topped with cheese	<b>\$11.9</b>	<b>\$14.9</b>
<b>KIDS NUGGETS</b> Served with chips, salad and tomato sauce	<b>\$11.9</b>	<b>\$14.9</b>
<b>KIDS FISH BITES</b> Served with chips, salad and tomato sauce	<b>\$11.9</b>	<b>\$14.9</b>

(V) Vegetarian (GFR) Gluten Free option available on request

10% surcharge applies on Public Holidays. Please ensure you make staff aware of any allergies or dietary requirements when placing your order. Seniors receive a \$2 discount on presentation of their Seniors Card.

# VALUE LUNCHES

AVAILABLE FROM 11.30AM - 2PM

## FROM \$13 RANGE

Members Guests

### BATTERED FISH & CHIPS

\$13 \$18

Flathead served with our house salad, beer battered chips, tartare, lemon wedge

### BOURBON BBQ CHEESEBURGER

\$13 \$18

Grilled beef patty, smoky BBQ sauce, caramelised onions, melted cheddar, tomato, lettuce, brioche bun, beer battered chips

- Add Bacon

\$2 \$3

### CABO CHICKEN SALAD

\$13 \$18

Chipotle & lime chicken breast, roasted corn, cabbage, mixed leaves, tortilla crisps & honey roasted macadamias with a citrus dressing

- Add Avocado

\$3 \$4

### PIE & CHIPS

\$13 \$18

House made pie of the day served with beer battered chips, gravy

## FROM \$16 RANGE

Members Guests

### THAI BEEF SALAD

\$16 \$21

Charred Angus beef, cashews, bean sprouts, carrot, mixed leaves, wombok, lime & sesame dressing, yuzu mayonnaise

### CHICKEN SCHNITZEL

\$16 \$21

Golden crumbed chicken breast served with our house salad, beer battered chips, rich gravy

### ROAST OF THE DAY

\$16 \$21

Choose from Beef or Pork with roast potato, pumpkin, greens and rich pan gravy

### VEGAN INCA SALAD (V)

\$16 \$21

Sweet corn fritters, organic quinoa & black beans, pickled vegetables, cucumber, cherry tomatoes, kale slaw, lemon dressing

- Add Avocado

\$3 \$4

## FROM \$20 RANGE

Members Guests

### 200G ANGUS BEEF RUMP

\$20 \$25

Served with our house salad, beer battered chips & your choice of sauce: Dianne, Peppercorn, Mushroom or rich Gravy

### CHICKEN PARMIGIANA

\$20 \$25

Golden crumbed chicken breast topped with napoli, ham & cheddar, served with our house salad, beer battered chips

### CHICKEN KATSU CURRY

\$20 \$25

Chicken breast, panko crumb, mild golden curry, steamed rice, vegetable pickle, black sesame

### BAJA FISH TACOS

\$20 \$25

Two soft tortillas with flathead, Asian cabbage slaw, guacamole, salsa, corn, chilli coconut dressing

### VEGAN JADE NOODLES (V)

\$20 \$25

Sesame glazed tofu, green tea noodles, wild mushrooms, sprouts, baby bok choy, broccolini, miso ginger dressing



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